



National Nutrient Database for Standard Reference
Release 28 slightly revised May, 2016

Full Report (All Nutrients) 14536, Alcoholic beverage, wine, dessert, dry

Report Date: July 04, 2017 15:11 EDT

Nutrient values and weights are for edible portion.

Food Group : Beverages

Carbohydrate Factor: 3.92 Fat Factor: 8.37 Protein Factor:3.36 Nitrogen to Protein Conversion Factor:6.25

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 29.5g	1 glass (3.5 fl oz) 103g
Proximates						
Water	g	72.53	6	0.173	21.40	74.71
Energy	kcal	152	--	--	45	157
Energy	kJ	638	--	--	188	657
Protein	g	0.20	7	--	0.06	0.21
Total lipid (fat)	g	0.00	--	--	0.00	0.00
Ash	g	0.30	2	--	0.09	0.31
Carbohydrate, by difference	g	11.67	--	--	3.44	12.02
Fiber, total dietary	g	0.0	--	--	0.0	0.0
Sugars, total	g	1.09	6	0.040	0.32	1.12
Sucrose	g	0.00	1	--	0.00	0.00
Glucose (dextrose)	g	0.58	6	0.040	0.17	0.60
Fructose	g	0.47	6	0.018	0.14	0.48
Maltose	g	0.10	2	--	0.03	0.10
Minerals						
Calcium, Ca	mg	8	26	0.801	2	8
Iron, Fe	mg	0.24	32	0.033	0.07	0.25
Magnesium, Mg	mg	9	19	0.752	3	9
Phosphorus, P	mg	9	2	--	3	9
Potassium, K	mg	92	81	8.026	27	95
Sodium, Na	mg	9	89	1.406	3	9
Zinc, Zn	mg	0.07	55	0.011	0.02	0.07
Copper, Cu	mg	0.045	74	0.015	0.013	0.046

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 29.5g	1 glass (3.5 fl oz) 103g
Manganese, Mn	mg	0.119	7	0.063	0.035	0.123
Selenium, Se	µg	0.5	--	--	0.1	0.5
Vitamins						
Vitamin C, total ascorbic acid	mg	0.0	--	--	0.0	0.0
Thiamin	mg	0.018	33	0.002	0.005	0.019
Riboflavin	mg	0.018	33	0.002	0.005	0.019
Niacin	mg	0.213	33	0.015	0.063	0.219
Pantothenic acid	mg	0.032	3	0.002	0.009	0.033
Vitamin B-6	mg	0.000	1	--	0.000	0.000
Folate, total	µg	0	3	0.046	0	0
Folic acid	µg	0	--	--	0	0
Folate, food	µg	0	3	0.046	0	0
Folate, DFE	µg	0	--	--	0	0
Vitamin B-12	µg	0.00	1	--	0.00	0.00
Vitamin B-12, added	µg	0.00	--	--	0.00	0.00
Vitamin A, RAE	µg	0	--	--	0	0
Retinol	µg	0	--	--	0	0
Carotene, beta	µg	0	--	--	0	0
Carotene, alpha	µg	0	--	--	0	0
Cryptoxanthin, beta	µg	0	--	--	0	0
Vitamin A, IU	IU	0	--	--	0	0
Lycopene	µg	0	--	--	0	0
Lutein + zeaxanthin	µg	0	--	--	0	0
Vitamin E (alpha-tocopherol)	mg	0.00	--	--	0.00	0.00
Vitamin E, added	mg	0.00	--	--	0.00	0.00
Vitamin K (phylloquinone)	µg	0.0	--	--	0.0	0.0
Lipids						
Fatty acids, total saturated	g	0.000	--	--	0.000	0.000
4:0	g	0.000	--	--	0.000	0.000
6:0	g	0.000	--	--	0.000	0.000
8:0	g	0.000	--	--	0.000	0.000
10:0	g	0.000	--	--	0.000	0.000
12:0	g	0.000	--	--	0.000	0.000

Nutrient	Unit	1 Value Per100 g	Data points	Std. Error	1 fl oz 29.5g	1 glass (3.5 fl oz) 103g
14:0	g	0.000	--	--	0.000	0.000
16:0	g	0.000	--	--	0.000	0.000
18:0	g	0.000	--	--	0.000	0.000
Fatty acids, total monounsaturated	g	0.000	--	--	0.000	0.000
16:1 undifferentiated	g	0.000	--	--	0.000	0.000
18:1 undifferentiated	g	0.000	--	--	0.000	0.000
20:1	g	0.000	--	--	0.000	0.000
22:1 undifferentiated	g	0.000	--	--	0.000	0.000
Fatty acids, total polyunsaturated	g	0.000	--	--	0.000	0.000
18:2 undifferentiated	g	0.000	--	--	0.000	0.000
18:3 undifferentiated	g	0.000	--	--	0.000	0.000
18:4	g	0.000	--	--	0.000	0.000
20:4 undifferentiated	g	0.000	--	--	0.000	0.000
20:5 n-3 (EPA)	g	0.000	--	--	0.000	0.000
22:5 n-3 (DPA)	g	0.000	--	--	0.000	0.000
22:6 n-3 (DHA)	g	0.000	--	--	0.000	0.000
Fatty acids, total trans	g	0.000	--	--	0.000	0.000
Cholesterol	mg	0	--	--	0	0
Amino Acids						
Other						
Alcohol, ethyl	g	15.3	--	--	4.5	15.8
Caffeine	mg	0	--	--	0	0
Theobromine	mg	0	--	--	0	0